









PE at Hyde Park Infant School

 Intent	
<p>At Hyde Park Schools, we understand the valuable contribution that being physically active can make to our physical and mental wellbeing. Through our PE provision, we aim to encourage an active, healthy lifestyle for all our pupils. We have developed a broad and balanced curriculum to inspire all children and foster their interest and participation in extra-curricular sport. Our PE lessons are a chance to embed the values of sportsmanship, respect, discipline and teamwork. As well as this, our curriculum seeks to, over the year, develop the key skills of flexibility, strength, technique, control and balance as well as improving children’s physical fitness and stamina. We understand that, for some pupils, PE can be an opportunity to excel and succeed outside of academic pursuits. However, for some pupils the focus will be on participation and involvement as they develop their physical confidence.</p>	
 Implementation	
<p>We provide all students with two hours of timetabled Physical Education per week. This is a combination of:</p> <ul style="list-style-type: none"> • two taught sessions with the Class Teacher; • daily bursts of short activity, for example a short work-out, a short PE activity outside or a Go Noodle. <p>Each week, children will have one indoor session and one outdoor session. Inter-class and inter-year group competitions are encouraged throughout the school year. Every year, we hold our Sports Day where children will take part in competitive athletic events (such as hurdles) and non-competitive events (such as team challenges, so that all students are involved and able to participate.</p>	
 Impact	 Progress
<p>Teachers conduct on-going formative assessment and adjust their planning accordingly to support pupil progress. Our quality teaching provides engaging and enjoyable opportunities for children to participate in a range of sports as well as begin to take responsibility for their own health and fitness. We foster a love of being active. Our children will grow to lead happy, healthy lifestyles using what they have learned with us during their time at the Hyde Park Schools.</p>	<p>Our curriculum map allows for children to revisit key skills (for example, throwing and catching) throughout their primary schooling. Over time, our pupils will develop these skills. For example, students will improve not only the accuracy of their throwing skills but also the range of passes they can make (for example, over-head, underhand etc.)</p>



 Cross Curricular Links	 Local Link
Maths – Time e.g. recording star jumps etc in a minute. Active Maths. Science – exercise and the effect it has our bodies, heart rate, healthy living PSHE – Physical and mental well-being	Plymouth Argyle Football Plymouth Albion Rugby Plymouth Raiders Basketball